

10TH ANNUAL

# ADHD AWARENESS EVENING



## ADHD and Irritability: Is There a Connection?

Thursday, November 3, 2016 • 7-9 p.m.

River Hill High School • 12101 Clarksville Pike • Clarksville, MD 21029

### Featured Guest Speaker

## Dr. Kenneth E. Towbin

Most people asked to describe a child with attention deficit hyperactivity disorder (ADHD) might use words like forgetful, restless, impulsive, disorganized, and disruptive. Researchers at the National Institute of Mental Health (NIMH) are studying an important, but little-understood feature seen in many children with ADHD: irritability. The workshop will address how adults trying to help children with ADHD should think about irritability. The workshop will also address research that is beginning to offer clues about brain mechanisms and underlying irritability, and new ways to approach treatment.

Dr. Towbin is Chief of Clinical Child and Adolescent Psychiatry in the Emotion and Development Branch at the National Institute of Mental Health Intramural Research Program. The group with which he is affiliated focuses its research on identifying and treating childhood bipolar disorder and severe irritability in children. His interests include emotional dysregulation in children and adolescents, bipolar disorder, tic disorders, obsessive compulsive disorder, and pervasive developmental disorders.



Funding to support this program was provided by CHADD of Greater Baltimore in memory of Karen A. Cruise, Ph.D., a Psychologist who helped many children in Howard County and also served as the Coordinator of CHADD of Greater Baltimore.

For more information, please contact Sally Dorman at 410-313-1252 or e-mail [sally\\_dorman@hcpss.org](mailto:sally_dorman@hcpss.org).

**Free program, open to all. No pre-registration required.**