

**Overview:** In this unit, students will learn language for talking about healthy eating and health habits.

**Essential Questions:**

- How do diet and exercise choices impact our health?

**Enduring Understandings:**

- Food and exercise choices are part of a healthy lifestyle.
- Language has rules, patterns, and structure.
- Language and culture are intertwined.

**CURRICULUM STANDARDS / STUDENT OUTCOMES**

**Communication**

**1.1 Interpersonal** - Students will:

- Talk about food groups and healthy diet.
- Talk about food preferences and meals.
- Talk about healthy lifestyle choices.
- Talk about the personality traits of various people.

**1.2 Interpretive Reading and Listening** - Students will:

- Read and listen to information on food groups and health habits.
- Listen to ways to describe food.
- Read a picture-based story.
- Listen to and watch a video about healthy diet.

**1.3 Presentational Speaking** - Students will:

- Present information about foods and beverages.
- Present information about healthy lifestyle choices.
- Present information about personality traits of various people.

**Culture**

**2.1 Practices and Perspectives** - Students will:

- Explain past and present open-air markets.
- Talk about the communal nature of *mate*.
- Talk about *La Tomatina* festival.

**2.2 Products and Perspectives** - Students will:

- Discuss Diego Rivera and his painting.
- Talk about *mate*.

**Connections**

**3.1 Cross-curricular** - Students will:

- Discuss important artists and their work.
- Discuss nutrition.
- Reinforce math and graphing abilities.

**Comparisons****4.1 Language** - Students will:

- Talk about new vocabulary through the recognition of cognates.
- Explain gender agreement in the use of adjectives.
- Explain number agreement in the use of adjectives.
- Explain the present tense of the irregular verb *ser*.
- Compare the Spanish and English pronunciation of the letters **I** and **II**.

**4.2 Culture** - Students will:

- Compare *mate* to its counterpart in the United States.
- Compare *La Tomatina* to festivals in the United States.
- Compare places people shop for produce.

**Communities****5.1 Beyond the School** - Students will:

- Understand the value of Spanish-speaking ability in a career such as culinary arts.