Overview: In this unit, students will learn language for talking about healthy eating and health habits.

Essential Questions:
● How do diet and exercise choices impact our health?

Enduring Understandings:
● Food and exercise choices are part of a healthy lifestyle.
● Language has rules, patterns, and structure.
● Language and culture are intertwined.

CURRICULUM STANDARDS / STUDENT OUTCOMES

Communication
1.1 Interpersonal - Students will:
● Talk about food groups and healthy diet.
● Talk about food preferences and meals.
● Talk about healthy lifestyle choices.
● Talk about the personality traits of various people.

1.2 Interpretive Reading and Listening - Students will:
● Read and listen to information on food groups and health habits.
● Listen to ways to describe food.
● Read a picture-based story.
● Listen to and watch a video about healthy diet.

1.3 Presentational Speaking - Students will:
● Present information about foods and beverages.
● Present information about healthy lifestyle choices.
● Present information about personality traits of various people.

Culture
2.1 Practices and Perspectives - Students will:
● Explain past and present open-air markets.
● Talk about the communal nature of mate.
● Talk about La Tomatina festival.

2.2 Products and Perspectives - Students will:
● Discuss Diego Rivera and his painting.
● Talk about mate.

Connections
3.1 Cross-curricular - Students will:
● Discuss important artists and their work.
● Discuss nutrition.
● Reinforce math and graphing abilities.
Comparisons

4.1 Language - Students will:
● Talk about new vocabulary through the recognition of cognates.
● Explain gender agreement in the use of adjectives.
● Explain number agreement in the use of adjectives.
● Explain the present tense of the irregular verb *ser*.
● Compare the Spanish and English pronunciation of the letters *l* and *ll*.

4.2 Culture - Students will:
● Compare *mate* to its counterpart in the United States.
● Compare *La Tomatina* to festivals in the United States.
● Compare places people shop for produce.

Communities

5.1 Beyond the School - Students will:
● Understand the value of Spanish-speaking ability in a career such as culinary arts.