

HCPSS Physical Education

Grade 2 Course Indicators/Objectives

Standard 1: Motor Skills and Movement Patterns

- Demonstrates skipping using a mature pattern. S1.G2.1
- Demonstrates jogging for distance with a mature pattern. S1.G2.2a
- Travels showing differentiation between jogging and sprinting. S1.G2.2b
- Demonstrates most critical elements for jumping and landing in a horizontal plane using a variety of one and two-foot takeoffs and landings. S1.G2.3a
- Demonstrates most critical elements for jumping and landing in a vertical plane. S1.G2.3b
- Performs a rhythmic activity with correct response to simple rhythms. S1.G2.4
- Balances on different bases of support, combining levels and shapes. S1.G2.5a
- Balances in an inverted position with stillness and supportive base. S1.G2.5b
- Transfers weight from feet to different body parts/bases of support for balance. S1.G2.6
- Demonstrates rolling in different directions with either a narrow or a curled body shape. S1.G2.7
- Differentiates among twisting, curling, bending, and stretching actions. S1.G2.8
- Combines balances and transfers into a three-part sequence. S1.G2.9
- Rolls a ball while demonstrating most critical elements. S1.G2.10
- Demonstrates an underhand throw using a mature pattern. S1.G2.11
- Demonstrates some critical elements of an overhand throw. S1.G2.12
- Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling it against the body. S1.G2.13
- Dribbles in personal space with preferred hand demonstrating a mature pattern. S1.G2.14a
- Dribbles while walking in general space. S1.G2.14b
- Dribbles with the feet in general space with control of ball and body. S1.G2.15
- Uses a continuous running approach and kicks a moving ball, demonstrating some critical elements. S1.G2.16
- Volleys an object upward with consecutive hits. S1.G2.17
- Strikes an object upward with a short-handled implement, using consecutive hits. S1.G2.18
- Catches an object with a short-handled implement in a non-dynamic environment, demonstrating some of the critical elements. S1.G2.19
- Strikes a stationary object, demonstrating some of the critical elements. S1.G2.20
- Jumps a self-turned rope consecutively forward and backward with a mature pattern. S1.G2.21a
- Jumps a long rope consecutively with peer turners. S1.G2.21b

Standard 2: Concepts & Strategies

- Combines locomotor skills in general space to a rhythm. S2.G2.1
- Combines shapes, levels, and pathways into simple travel, dance, and gymnastics sequences. S2.G2.2
- Varies speed and force with gradual increases and decreases. S2.G2.3

Standard 3: Health-Enhancing Level of Physical Activity and Fitness

- Describes physical activities for participation outside of physical education class. S3.G2.1
- Engages actively in physical education class in response to instruction and practice. S3.G2.2
- Uses own body as resistance for developing strength. S3.G2.3a
- Identifies physical activities that contribute to fitness. S3.G2.3b
- Practices estimating their heart rate. S3.G2.3c
- Recognizes the correlation of good nutrition with physical activity. S3.G2.4

Standard 4: Responsible Personal and Social Behavior

- Practices skills with minimal teacher prompting. S4.G2.1a
- Accepts responsibility for class protocols with behavior and performance actions. S4.G2.1b
- Recognizes that skills will develop over time with appropriate practice and use of the correct cues. S4.G2.1c
- Lists examples of appropriate feedback using verbal and visual cues to improve performance in a specific skill. S4.G2.2
- Accepts skill-specific corrective feedback from the teacher. S4.G2.3
- Works independently with others in partner environments. S4.G2.4
- Recognizes the role of rules and etiquette in teacher-designed physical activities. S4.G2.5
- Works independently and safely in physical education. S4.G2.6a
- Works safely with physical education equipment. S4.G2.6b

Standard 5: Recognizes the Value of Physical Activity

- Recognizes the value of good health balance. S5.G2.1

- Compares physical activities that bring confidence and challenge. S5.G2.2
- Identifies physical activities that provide self-expression. S5.G2.3a
- Chooses personal reasons for enjoying physical activity. S5.G2.3b