

# 9<sup>th</sup> Grade Health Education Objectives

## UNIT: SAFETY AND INJURY PREVENTION

The student will:

### Content Concepts

- Demonstrate the ability to respond appropriately to emergency and nonemergency situations
  - Laws/Codes/Regulations pertaining to emergency situations
  - Ways to deter abuse and violence (including bullying and sexual harassment)
- Demonstrate skills related to cardiopulmonary resuscitation (CPR) and automated external defibrillator(AED)
  - Compression-only CPR
  - Locations and proper use of AEDs
- Differentiate between healthy and unhealthy use of technology through internet, email, websites, instant messaging, and telephone/cell phone use

### Analyzing Influences

- Analyze factors that influence risky situations and violent behaviors
  - Bullying/Cyberbullying
  - Child abuse
  - Date rape
  - Dating violence
  - Gang involvement
  - Sexual harassment
  - Human trafficking

### Accessing Information

- Investigate resources for first aid, personal safety, and injury prevention

### Interpersonal Communication

- Assess conflict resolution strategies that promote and sustain interpersonal relationships
- Respond appropriately to harassment, sexual aggression, and other violent behaviors
- Practice assertive communication in relation to personal safety

### Self-Management

- Apply strategies to prevent injuries and violence

### Advocacy

- Advocate for an issue related to safety and injury prevention.