

Program Information

Some facts about the program can be found on the February 2008 menu and are also listed below:

Purchasing	Food Preparation	Food Offered	Service
•Member of a 12 County Purchasing Cooperative	•USDA Recipes are used.	•Eight Entrée Choices Daily in High Schools •Five in Middle School •Four in Elementary School	•Work Force is Moms/Dads and Grandparents (Generations of Caring Adults)
•Domestic food grown and processed in The United States specified	•Howard County Public School System student tested recipes used	•Whole Wheat Bread and Rolls	•All employees take a 16 hour ServSafe Class to insure food safety
•No Trans Fats in Foods	•All entrée's including Chicken Products are baked	•Yogurt/Bagel, Fresh Fruit Plates Offered Daily	•Consultation for Parents, Students & School Nurses
•All Meat & Poultry Produced in USDA Federally Inspected Plants	•Tuna is packed in water	•Middle and High Schools have Salad Bars Daily w/Lunch	•Nutritional Analysis
•100% Fruit Juice	•Reduced fat cheese used in all menu offerings and recipe	•Elementary Schools have Portioned Salads and Fresh Vegetables Available Daily	
			Oversight of the Program
•USDA Grade A Potatoes	•All Pizza made with low fat Mozzarella Cheese	•Fresh Fruit and Fruit in Light Syrup Choices Offered Daily	•United States Department of Agriculture
•First Quality Frozen Vegetables	•Turkeys are oven roasted in school kitchens	•Carbohydrate Choice Daily in Middle & High School	•Maryland State Department of Education
•US #1 Fresh Vegetables	•Gravy is low fat containing 2% of calories from fat	•Hot Vegetable Daily	•Howard County Health Department
•US #1 Fresh Fruit	•Vegetables are steamed	•1% Flavored, Unflavored or Nonfat Milk	•Food & Nutrition Service Department Staff
•Fat Free and Low Fat Condiments		•Whole Grain Cereals for Breakfast	
•Pasta is Whole Wheat			

There is oversight of the menus through nutrient analysis by the HCPSS Food & Nutrition Service Department as well as the Maryland State Department of Education, School and Community Nutrition Programs Division and the United States Department