

Allergens

Updated: FY 09-10

Beginning January 1, 2006, the Food and Drug Administration required food manufacturers to list the eight major food allergens. Below is the manufacturer listed allergens for products in the school lunch program.

Item	egg	milk	soy	wheat	peanut	tree nuts	fish	shell fish	corn
Bagel			x	x					
Bread, Italian			x	x		sesame seeds			
Bread, White			x	x					
Breadstick		x	x	x					
Burrito			x	x					
Caesar Dressing		x					x		
Chicken Nuggets	x		x	x					
Chicken Patty	x		x	x					
Chicken Salad	x		x						
Chicken Tenders	x		x	x					x
Chicken, Breaded	x			x					x
Chicken, Popcorn		x	x	x					x
Chicken, Teriyaki			x	x					
Cobb Salad	x								
Croissant	x	x	x	x					
Egg Roll	x		x	x					
Egg Salad	x		x						
Fish Filet	x	x	x	x			x		x
Fish Nugget	x	x	x	x			x		x
French Toast	x	x	x	x					
Gravy, Beef		x	x	x					
Gravy, Chicken		x	x	x	line may have items with soy/milk				
Italian Dressing			x						
Lasagna		x		x					
Mac & Cheese		x		x					
Mashed Potatoes		x							
Mayonnaise	x		x						
Meatballs	x	x	x	x					
Meatloaf	x	x		x					
Muffins, Apple	x	x	x	x					
Muffins, Banana	x	x	x	x					
Muffins, Blueberry	x	x	x	x					
Muffins, English		x	x	x					
Noodles, Lo Mein			x	x					
Pancakes	x	x	x	x					

Item	egg	milk	soy	wheat	peanut	tree nuts	fish	shell fish	corn
Baked Cheetos		X							
Baked Churro's	X	X	X	X					
Popcorn, Butter			X						
Popcorn, Kettle			X						
Popcorn, White Cheddar		X	X						
School Baked Cookies	X	X	X	X					
Soft Pretzels				X					
Sun Chips, Garden Salsa		X		X					
Sun Chips, French Onion		X	X	X					