

Grade Two Outcomes:

1. Use spatial awareness and body control to walk, run, gallop, hop, jump, skip, slide, and leap while varying directions, levels, and pathways. (pe2.1.1.b)
2. Create and perform movement sentences that combine locomotor and non-locomotor skills. (pe2.1.1.c)
3. Demonstrate striking a light-weight object continuously upward using arms/hands or a light-weight paddle. (pe2.1.1.d)
4. Demonstrate receiving an object from a target at various levels and places around the body. (pe2.1.1.d)
5. Demonstrate the ability to safely flee from a partner by using dodges, changes of direction, pathways, and speeds. (pe2.1.1.e)
6. Perform, respond, and reflect to teacher chosen words, stories, sounds, or songs. (pe2.1.2.b)
7. Demonstrate the overhand throw using opposition and shoulder rotation when throwing to a large stationary target. (pe2.1.3.b)
8. Create and perform a gymnastic sequence that includes one roll, one balance, one transfer of weight, and a clear ending shape using smooth transitions between each skill. (pe2.1.3.d)
9. Perform balances on different body parts while making symmetrical and asymmetrical shapes. (pe2.2.2.a)
10. Recall and demonstrate cues for fundamental movement skills to improve performance. (pe2.3.1.a)
11. Identify and participate in activities that improve each component of health-related fitness. (pe2.4.3.a)
12. Demonstrate appropriate flexibility exercises for a variety of muscle groups. (pe2.5.3.a)
13. Explain the importance of playing safely and cooperatively and apply rules and sportsmanship in different physical activity settings. (pe2.6.3.a)