

Date

Dear Parent or Guardian,

We will soon begin a meaningful unit in the health education curriculum entitled **Puberty Education**. A list of unit objectives is attached to assist you as you make a decision about your child's participation in this portion of the Health Education curriculum. Due to the sensitive nature of this instruction, as directed by Maryland State Regulations (COMAR 13A.04.18.03), "students may be excused from this unit of the program upon a written request from their parents/guardians." To assist you in making your decision, **a preview of the Puberty Education unit and instructional materials will be held in our school on the following date:**

Attached you will also find an exclusion form, which is required for your child to be excused from this unit. Please make your decision, complete and return the form by the date requested.

As always, we support you as the primary educator of your child with regard to Puberty Education and value your ability to place this information in a moral context.

Any student who has been excused from Puberty Education will be provided with an independent alternative, Grade 5 Health Education Enrichment Packet or another activity mutually agreed upon by the student and family. The length of time spent on the alternate lessons will be the same number of days as will be spent on Puberty Education. More information will be sent home with students who are excused.

Sincerely,

Fifth Grade Teacher

Attachments