

Human Sexuality Essential Objectives

Middle School

Sixth Grade

Health Content Concepts

The student will be able to:

- a. Identify physical and nonphysical **changes** that occur **during puberty**.
- b. Explain the anatomy and physiology of the **human reproductive system**.
- c. Explain the **menstrual cycle** and its relationship to **conception and pregnancy**.
- d. Describe the process of **human reproduction**.

Seventh Grade

Interpersonal Communication and Decision Making

- a. Apply personal and interpersonal **skills to enhance sexual health**.

Health Content Concepts

- b. Explain the male and female **reproductive systems** as they relate to **fertilization**.
- c. Describe changes that occur to the mother and fetus during the **stages of pregnancy**.

Decision Making and Advocacy

- d. Explain the term **“abstinence”** as it applies to **healthy sexuality**.

Eighth Grade

Interpersonal Communication

- a. Describe the **components of sexuality** to include biological, psychological, cultural, and ethical.

Health Content Concepts

- b. Review the anatomy and physiology of the male and female **reproductive system**.
- c. Describe the prevention, symptoms, and treatment of **STIs** to include HIV/AIDS.
- d. Describe various **contraceptives** and their effectiveness in reducing the risk of pregnancy.

Accessing Information

- e. Identify sources of support to promote **sexual health**.