

Sample Parent Letter

Teacher Directions: Use school letterhead when preparing this letter. Photocopy the list of objectives, fill in the date on the permission forms and photocopy. Cut permission form sheets in half. Attach the objectives list and one permission form to the letter and send to parents about **one month** before beginning the unit. Schedule the parent meeting at least **two weeks** prior to beginning the unit to provide parents time for making their decision.

Date

Dear Parent or Guardian,

We will soon begin a meaningful unit in the health education curriculum entitled Family Life and Human Sexuality. **The focus of this unit in fifth grade is Puberty Education.** A list of unit objectives is attached to assist you as you make a decision about your child's participation in this portion of the Health Education curriculum. Due to the sensitive nature of this instruction, as directed by Maryland State Regulations (COMAR 13A.04.18.03), "students may be excused from this unit of the program upon a written request from their parents/guardians". To assist you in making your decision, **a preview of the Puberty Education unit and instructional materials will be held in our school on the following date:**

Also attached you will also find a permission form, which is required for your child to participate in this unit. After the Parent Orientation meeting, students will be asked to return the permission forms to their classroom teacher. Please make your decision, complete and return the form by the date requested.

As always, we support you as the primary educator of your child with regard to Puberty Education and value your ability to place this information in a moral context.

Any student who has been excused from Puberty Education will be provided with an independent alternative, Health Education Enrichment unit or another activity mutually agreed upon by the student and family. The length of time spent on the alternate lessons will be the same number of days as will be spent on Puberty Education. More information will be sent home with students who are excused.

Sincerely,

Fifth Grade Teacher

Attachments