

FAMILY LIFE AND HUMAN SEXUALITY UNIT

OBJECTIVES GRADES SIX-EIGHT

Sixth Grade

Goal. The student will demonstrate the ability to use knowledge and understanding of growth and development during puberty to promote self-awareness.

Objectives – The student will be able to:

- a. Establish class ground rules that promote open and honest discussion of family life and human sexuality.
- b. Describe adolescence as a stage of human development.
- c. Explain the role of the pituitary gland during puberty.
- d. Identify physical and nonphysical changes that occur during puberty.
- e. Identify the anatomy of the human reproductive system.
- f. Explain the physiology of the human reproductive system.
- g. Describe fertilization and how it relates to the menstrual cycle.

Seventh Grade

Goal. The student will demonstrate the ability to apply knowledge and understanding of human growth and development to promote self-awareness.

Objectives – The student will be able to:

- a. Establish a set of class ground rules that will create a positive classroom environment for instruction of the Family Life and Human Sexuality unit.
- b. Utilize strategies, which open communication between parents and children about human sexuality.
- c. Compare the physical and nonphysical changes that occur during puberty and identify coping skills.
- d. Explain the physiology of the human reproductive system.
- e. Identify abstinence as the healthiest lifestyle choice for adolescents.
- f. Describe changes that occur to the mother and fetus during the stages of pregnancy.

Eighth Grade

Goal. The student will demonstrate the ability to apply knowledge, attitudes, and skills related to human sexuality in achieving a healthy lifestyle.

Objectives – The student will be able to:

- a. Identify expectations for the Family Life and Human Sexuality unit.
- b. Identify the components of sexuality to include biological, psychological, cultural, and ethical.
- c. Compare characteristics of friendships and dating relationships.
- d. Generate guidelines for healthy dating relationships.
- e. Describe the consequences of adolescent sexual activity.
- f. Explain how abstinence from sexual intercourse is the healthiest lifestyle choice for adolescents.
- g. Identify refusal skills to support abstinence.
- h. Describe the prevention, symptoms, and treatment of sexually transmitted infections, including HIV/AIDS.
- i. Compare methods for prevention of pregnancy and sexually transmitted infections.