AUTOGRAPHS



Keeping in Touch with Friends ... when they're going to a new school



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Keeping in Touch

You don't have to say goodbye to close friends that move away to a new school. There are many ways that you can stay in touch with them:

Writing: Write letters, postcards, or e-mail to each other.

Calling: Schedule a monthly phone call, or call on special days like birthdays and holidays.

Media Exchanges: Exchange videos/cassette tapes. You can record songs, read poems, make up stories, or perform skits.

Photographs: Exchange snapshots of yourselves at least once a year. Frame the photos, and display them in your bedroom.

Visiting: If you don't live too far apart, you and a friend can meet for an outing. Plan to have lunch, see a movie, go to a ball game, visit a beach, ride bikes in a park, or whatever else you both enjoy doing.

Once your friend(s) has/have settled in to their new school, these ways of staying in touch will be something you and your friend(s) look forward to with excitement. And he/she will feel good just knowing there are people "back at the previous school" who care about how the new school experience is going.



Make new friends, But keep the old. One is silver, And the other gold!

Friends are a really important part of life. Friends are there to support you, cheer you up, and share new experiences. It is difficult to imagine what life would be like without friends. It is easy to understand how hard it can be to have a friend change to a new school – and to think about making new friends.

If some of your closest friends are starting the school year at a new school, you might worry about feeling lonely. You may wonder if you'll fit in with other groups of students who already know each other really well. You may feel that new friendships could never be as great as old ones. All of these feelings are normal. Making new friends takes a lot of courage.

Below are some suggestions of where and how to meet new friends. Add your own ideas, too. Then go for it!

You can meet new friends . . .

- in your homeroom class.
- in the cafeteria.
- in your neighborhood.
- at church, synagogue, or temple.
 - - _____



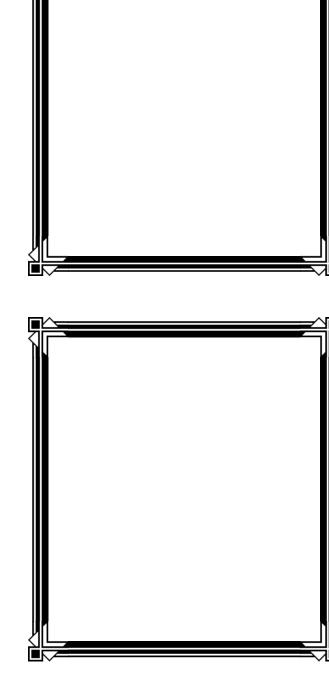
• in your math class.

- on the playground.
- on the bus.
- at the pool, tennis club, or other recreation center.

Name	Birthday
	E-mail
	Birthday
	E-mail

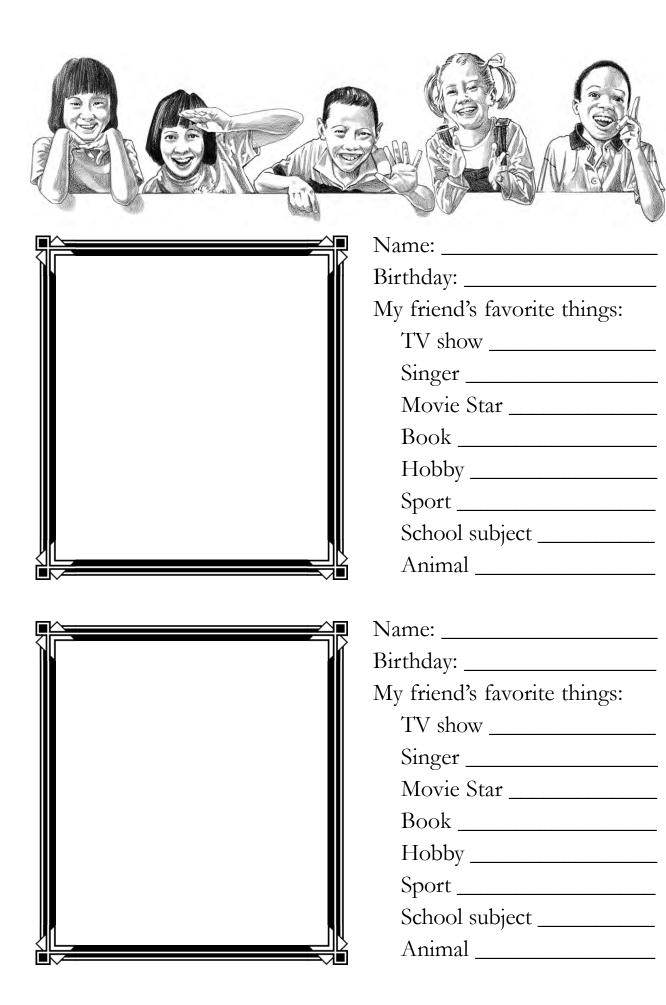
My Special Friends

Ask your favorite friends, especially those who are moving to a new school, for their pictures to paste here. Fill in each friend's name, birthday, and favorite things next to the picture.



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ļ	Name:
	Birthday:
	My friend's favorite things:
	TV show
	Singer
	Movie Star
	Book
	Hobby
	Sport
	School subject
>]	Animal
>	Name:
	Birthday:
	My friend's favorite things:
	TV show
	Singer
	Movie Star
	Book
	Hobby
	Sport
	School subject
>	Animal



My New Pen Pals

Fill in this list with the names and important information about your friends so you can write or call them.

	Birthday
Home Phone	E-mail
	Birthday
	E-mail
	Birthday
Home Phone	E-mail
Name Address	Birthday
Home Phone	E-mail